

The occasion of a b'nai mitzvah is a wonderful opportunity to enhance your connection to Israel while inspiring friends and family! Making StandWithUs a part of the coming-of-age process helps support Israel, combats antisemitism, and strengthens the future of Israel.



StandWithUs provides meaningful ways to include your love of Israel in your b'nai mitzvah project and to connect with regional StandWithUs chapters throughout the process.

Founded in 2001, StandWithUs is an international nonprofit organization, fighting antisemitism and supporting Israel through education and inspiration.

Mazel Tov!



BAR & BAT MITZVAH *Project*

Rabbis
UNITED
A Division of **StandWithUs**

For more information, visit
standwithus.com/bnaimitzvah

StandWithUs

Supporting Israel & Fighting Antisemitism

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StandWithUs

BAR & BAT MITZVAH *Project*

A Meaningful Way to
Support Israel As Part
of Your Celebration



StandWithUs

BAR & BAT MITZVAH Project

Learn so that you may teach.

- **StandWithUs Educational Materials**

Our short "Israel: Pocket Facts," "Ten Things You Need To Know About Israel," and "Israel's Story" booklets are just a few ways to learn more about Israel and help you share great content with friends, family, and synagogues.

- **StandWithUs Online Resources**

We have so many ways to learn about a variety of topics! Check out our website, including the StandWithUsTV section, to view videos on a wide range of topics.

- **StandWithUs Social Media Channels**

Stay connected and inspire conversation about Israel. Share the facts and much more through StandWithUs on social media. You can even start your own social media campaign!

- **Bring StandWithUs Resources to Your Community**

StandWithUs speakers and Israel engagement programs can help educate about issues important to you, including support of Israel and fighting antisemitism.

- **StandWithUs Spirit Gear**

Show your *ruach* (spirit) at your celebration with our fun, festive items, including "I ♥ Israel" kippot, keychains, hats, cell phone pop sockets, and more.

- **Get to Know Israel Firsthand**

Going to Israel for your bar/bat mitzvah? Visit the StandWithUs Israel Education center, or book a StandWithUs tour. Can't make it to Israel for your b'nai mitzvah? Set up a virtual tour with an expert StandWithUs tour guide.

- **Volunteer for StandWithUs**

Help promote our mission in your community. Raise money to support our important work!

What people are saying about the StandWithUs Bar & Bat Mitzvah Project:

"The StandWithUs social media programs are so cool because that's how my friends and I communicate, and I already know how to use these tools."

—*Sydney, Los Angeles*

"My son and I have had no idea what to do for his mitzvah project, so these ideas are really helpful to get him started."

—*Laura, Louisiana*

"I decided that this is the bat mitzvah project I want to do because after all the struggles with antisemitism, I decided it is enough, and this needs to stop now."

—*Rachel, California*

"I wanted to thank you for helping me succeed with my bat mitzvah project. It is so amazing to be a part of StandWithUs. I promise this is only the beginning."

—*Hadar, Florida*



StandWithUs programs can motivate students to develop their own mitzvah projects and help encourage the next generation of Jewish leaders!